

Männer

| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|-----------------------|-------------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1 | 272 | Yannick Friese | Tri-Team-Giessen | TM25 | 1 | 0:12:02 (3) | 1:06 | 0:32:16 (4) | 0:59 | 0:19:09 (1) | 1:05:31 |
| 2 | 271 | Philip Pietrowski | SG Egelsbach 1874 e.V. | TM20 | 1 | 0:11:43 (2) | 1:19 | 0:30:39 (1) | 0:58 | 0:21:01 (6) | 1:05:39 |
| 3 | 273 | Claudius Pyrlík | Tri Team Gießen | TM50 | 1 | 0:12:17 (6) | 1:32 | 0:31:54 (3) | 0:58 | 0:19:46 (2) | 1:06:27 |
| 4 | 423 | Michael Böhrer | MTV Kronberg Triathlon | TM50 | 2 | 0:11:31 (1) | 1:17 | 0:33:01 (7) | 0:56 | 0:20:10 (3) | 1:06:55 |
| 5 | 279 | Sebastian Sauer | Triathlon Team DSW Darmstadt | TM45 | 1 | 0:13:05 (9) | 1:20 | 0:31:46 (2) | 1:00 | 0:21:08 (7) | 1:08:20 |
| 6 | 283 | Benjamin Hartmann | SV Gelnhäusen | TM35 | 1 | 0:12:54 (8) | 1:09 | 0:33:38 (8) | 0:46 | 0:20:31 (5) | 1:08:58 |
| 7 | 419 | Eric Kappes | SV 1911 Traisa | TM50 | 3 | 0:12:05 (5) | 1:23 | 0:32:23 (5) | 0:49 | 0:22:25 (10) | 1:09:05 |
| 8 | 281 | Thorsten Bischoff | SKG-Sprendlingen | TM45 | 2 | 0:12:20 (7) | 1:20 | 0:32:27 (6) | 0:58 | 0:22:06 (9) | 1:09:10 |
| 9 | 277 | Ralf Schimmel | Triathlon Team Giessen | TM50 | 4 | 0:13:22 (11) | 1:46 | 0:34:09 (9) | 1:08 | 0:22:51 (11) | 1:13:15 |
| 10 | 282 | Johannes Feldmann | Triathlon Team DSW Darmstadt | TM30 | 1 | 0:14:55 (16) | 1:24 | 0:34:49 (11) | 0:59 | 0:22:55 (12) | 1:15:03 |
| 11 | 280 | Ralf Schilke | Triathlon Team DSW Darmstadt | TM55 | 1 | 0:12:04 (4) | 1:54 | 0:35:14 (13) | 1:07 | 0:24:50 (16) | 1:15:09 |
| 12 | 287 | Günter Rothmayer | Triathlon-Equipe Elz | TM60 | 1 | 0:14:33 (13) | 1:15 | 0:35:47 (14) | 0:59 | 0:23:46 (14) | 1:16:20 |
| 13 | 274 | Tim Adolphs | Eintracht Frankfurt Triathlon | TM50 | 5 | 0:14:33 (12) | 1:30 | 0:34:39 (10) | 1:17 | 0:24:43 (15) | 1:16:42 |
| 14 | 285 | Thomas Förster | Triathlon-Team-Gießen | TM50 | 6 | 0:13:11 (10) | 1:38 | 0:39:07 (20) | 1:41 | 0:21:38 (8) | 1:17:15 |
| 15 | 288 | Dirk Bröll | SKV Mörfelden 1879 e.V. | TM50 | 7 | 0:15:22 (17) | 1:24 | 0:36:26 (16) | 1:22 | 0:22:57 (13) | 1:17:30 |
| 16 | 284 | Henri Lassig | SG Arheilgen-Triathlon | TM30 | 2 | 0:17:42 (19) | 2:04 | () | | 0:20:15 (4) | 1:19:48 |
| 17 | 295 | Frank Gerstenschläger | SV TRICITY Darmstadt | TM60 | 2 | 0:14:44 (15) | 1:49 | 0:35:04 (12) | 1:21 | 0:27:20 (21) | 1:20:19 |
| 18 | 275 | Peter Morcinczyk | KSV Reichelsheim | TM60 | 3 | 0:16:20 (18) | 1:51 | 0:36:18 (15) | 1:15 | 0:25:17 (17) | 1:21:01 |
| 19 | 289 | Gerd Scheibe | SPV Seligenstadt | TM65 | 1 | 0:14:39 (14) | 2:01 | 0:37:11 (17) | 1:16 | 0:26:58 (19) | 1:22:05 |
| 20 | 382 | Torsten Patt | SC Oberursel | TM55 | 2 | 0:18:12 (20) | 1:49 | 0:37:33 (18) | 1:23 | 0:27:01 (20) | 1:25:57 |
| 21 | 316 | Markus Dangmann | TG Tria Rüsselsheim | TM50 | 8 | 0:20:43 (22) | 2:16 | 0:37:36 (19) | 1:24 | 0:27:50 (22) | 1:29:48 |
| 22 | 322 | Hermann Dörner | TuS Griesheim | TM75 | 1 | 0:20:38 (21) | 2:51 | 0:39:23 (21) | 1:19 | 0:29:50 (23) | 1:34:01 |
| 23 | 357 | Rainer Kopper | DSW Triathlon Team | TM75 | 2 | 0:21:49 (24) | 2:46 | 0:39:50 (22) | 2:12 | 0:30:32 (24) | 1:37:09 |
| 24 | 293 | Joachim Pritzel | SG Egelsbach Triathlon | TM45 | 3 | 0:23:13 (25) | 3:54 | 0:42:23 (23) | 2:09 | 0:25:58 (18) | 1:37:36 |
| 25 | 363 | Dieter Macholdt | SKG Sprendlingen | TM75 | 3 | 0:23:57 (26) | 3:55 | 0:46:38 (25) | 1:20 | 0:38:25 (26) | 1:54:14 |
| 26 | 383 | Wolfgang Pohl | algemarin Team SV Traisa | TM70 | 1 | 0:21:37 (23) | 3:16 | 0:49:15 (26) | 2:49 | 0:37:34 (25) | 1:54:31 |
| 27 | 384 | Roland Pößiger | KSV Reichelsheim | TM75 | 4 | 0:26:01 (27) | 3:47 | 0:45:18 (24) | 1:37 | 0:39:01 (27) | 1:55:43 |

Frauen

| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|-------------------|-------------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1 | 299 | Inga-Simone Kern | ASC Dillenburg | TW40 | 1 | 0:19:05 (3) | 1:40 | 0:41:07 (1) | 1:25 | 0:29:04 (1) | 1:32:21 |
| 2 | 315 | Rita Cord to Krax | Eintracht Frankfurt Triathlon | TW60 | 1 | 0:18:52 (2) | 2:45 | 0:42:17 (2) | 2:01 | 0:29:48 (2) | 1:35:43 |
| 3 | 342 | Elena Heinrich | SV TriCity Darmstadt | TW55 | 1 | 0:15:31 (1) | 3:05 | 0:46:57 (3) | 2:00 | 0:39:07 (4) | 1:46:40 |
| 4 | 349 | Marion Ihrig | KSV Reichelsheim | TW60 | 2 | 0:21:57 (4) | 5:49 | 0:48:45 (4) | 1:41 | 0:34:58 (3) | 1:53:09 |