

Darmstadt, 25. Juni 2023

Männer

| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|-----------------------|-------------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1 | 272 | Yannick Friese | Tri-Team-Giessen | TM25 | 1 | 0:12:02 (4) | 1:06 | 0:32:16 (4) | 0:59 | 0:19:09 (2) | 1:05:31 |
| 2 | 271 | Philip Pietrowski | SG Egelsbach 1874 e.V. | TM20 | 1 | 0:11:43 (3) | 1:19 | 0:30:39 (1) | 0:58 | 0:21:01 (8) | 1:05:39 |
| 3 | 273 | Claudius Pyrlík | Tri Team Gießen | TM50 | 1 | 0:12:17 (7) | 1:32 | 0:31:54 (3) | 0:58 | 0:19:46 (3) | 1:06:27 |
| 4 | 423 | Michael Böhrer | MTV Kronberg Triathlon | TM50 | 2 | 0:11:31 (2) | 1:17 | 0:33:01 (10) | 0:56 | 0:20:10 (4) | 1:06:55 |
| 5 | 278 | Viktor Vogel | DSW Darmstadt | TM35 | 1 | 0:12:57 (11) | 1:22 | 0:32:34 (7) | 0:56 | 0:20:12 (5) | 1:08:02 |
| 6 | 422 | Thorben Emil Such | TSG Limbach/Triathlon | MJA | 1 | 0:10:39 (1) | 1:15 | 0:32:59 (9) | 0:58 | 0:22:13 (12) | 1:08:03 |
| 7 | 279 | Sebastian Sauer | Triathlon Team DSW Darmstadt | TM45 | 1 | 0:13:05 (12) | 1:20 | 0:31:46 (2) | 1:00 | 0:21:08 (9) | 1:08:20 |
| 8 | 283 | Benjamin Hartmann | SV Gelnhausen | TM35 | 2 | 0:12:54 (10) | 1:09 | 0:33:38 (11) | 0:46 | 0:20:31 (7) | 1:08:58 |
| 9 | 419 | Eric Kappes | SV 1911 Traisa | TM50 | 3 | 0:12:05 (6) | 1:23 | 0:32:23 (5) | 0:49 | 0:22:25 (13) | 1:09:05 |
| 10 | 281 | Thorsten Bischoff | SKG-Sprendlingen | TM45 | 2 | 0:12:20 (8) | 1:20 | 0:32:27 (6) | 0:58 | 0:22:06 (11) | 1:09:10 |
| 11 | 376 | Lennart Nies | TV Maikammer | TM35 | 3 | 0:15:46 (32) | 1:59 | 0:34:57 (18) | 1:07 | 0:18:12 (1) | 1:12:00 |
| 12 | 323 | Costa Douglas | | TM40 | 1 | () | | () | | 0:31:18 (74) | 1:12:42 |
| 13 | 277 | Ralf Schimmel | Triathlon Team Giessen | TM50 | 4 | 0:13:22 (14) | 1:46 | 0:34:09 (12) | 1:08 | 0:22:51 (14) | 1:13:15 |
| 14 | 298 | Nico Hass | | TM45 | 3 | 0:12:31 (9) | 1:35 | 0:32:47 (8) | 1:06 | 0:25:18 (31) | 1:13:16 |
| 15 | 282 | Johannes Feldmann | Triathlon Team DSW Darmstadt | TM30 | 1 | 0:14:55 (24) | 1:24 | 0:34:49 (17) | 0:59 | 0:22:55 (15) | 1:15:03 |
| 16 | 280 | Ralf Schilke | Triathlon Team DSW Darmstadt | TM55 | 1 | 0:12:04 (5) | 1:54 | 0:35:14 (20) | 1:07 | 0:24:50 (27) | 1:15:09 |
| 17 | 294 | Marcel Termöllen | WechselZone | TM30 | 2 | 0:15:00 (25) | 1:48 | 0:34:10 (13) | 1:16 | 0:23:39 (19) | 1:15:52 |
| 18 | 287 | Günter Rothmayer | Triathlon-Equipe Elz | TM60 | 1 | 0:14:33 (19) | 1:15 | 0:35:47 (23) | 0:59 | 0:23:46 (20) | 1:16:20 |
| 19 | 274 | Tim Adolphs | Eintracht Frankfurt Triathlon | TM50 | 5 | 0:14:33 (18) | 1:30 | 0:34:39 (15) | 1:17 | 0:24:43 (25) | 1:16:42 |
| 20 | 292 | Clemens Heß | MTV Urberach | TM40 | 2 | 0:16:20 (37) | 1:59 | 0:34:47 (16) | 1:06 | 0:23:00 (17) | 1:17:12 |
| 21 | 430 | Till Hoffmann | | TM40 | 3 | 0:15:17 (26) | 1:37 | 0:34:17 (14) | 1:16 | 0:24:47 (26) | 1:17:14 |
| 22 | 285 | Thomas Förster | Triathlon-Team-Gießen | TM50 | 6 | 0:13:11 (13) | 1:38 | 0:39:07 (49) | 1:41 | 0:21:38 (10) | 1:17:15 |
| 23 | 288 | Dirk Bröll | SKV Mörfelden 1879 e.V. | TM50 | 7 | 0:15:22 (28) | 1:24 | 0:36:26 (26) | 1:22 | 0:22:57 (16) | 1:17:30 |
| 24 | 290 | Marc Naumann | ERDINGER Active TEAM | TM45 | 4 | 0:14:51 (23) | 1:40 | 0:35:46 (22) | 1:08 | 0:25:34 (34) | 1:18:59 |
| 25 | 297 | Jann Hendrik Lang | TSG Schwäbisch Hall | MJA | 2 | 0:14:36 (20) | 1:39 | 0:36:13 (24) | 1:27 | 0:25:24 (33) | 1:19:19 |
| 26 | 284 | Henri Lassig | SG Arheilgen-Triathlon | TM30 | 3 | 0:17:42 (52) | 2:04 | () | | 0:20:15 (6) | 1:19:48 |
| 27 | 295 | Frank Gerstenschläger | SV TRICITY Darmstadt | TM60 | 2 | 0:14:44 (22) | 1:49 | 0:35:04 (19) | 1:21 | 0:27:20 (47) | 1:20:19 |
| 28 | 300 | Matthias Wahl | | TM55 | 2 | 0:13:49 (15) | 3:45 | 0:35:35 (21) | 1:01 | 0:26:17 (39) | 1:20:28 |

Darmstadt, 25. Juni 2023

Männer

| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|------------------------|------------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 29 | 275 | Peter Morcinczyk | KSV Reichelsheim | TM60 | 3 | 0:16:20 (38) | 1:51 | 0:36:18 (25) | 1:15 | 0:25:17 (30) | 1:21:01 |
| 30 | 308 | Nikolas Böger | | TM25 | 2 | 0:14:17 (17) | 2:00 | 0:37:26 (35) | 1:13 | 0:27:09 (46) | 1:22:05 |
| 31 | 289 | Gerd Scheibe | SPV Seligenstadt | TM65 | 1 | 0:14:39 (21) | 2:01 | 0:37:11 (31) | 1:16 | 0:26:58 (43) | 1:22:05 |
| 32 | 414 | Noah Weil | | TM25 | 3 | 0:16:09 (35) | 3:12 | 0:36:29 (28) | 2:04 | 0:24:24 (22) | 1:22:18 |
| 33 | 324 | Jürgen Jan Ebert | | TM50 | 8 | 0:17:52 (54) | 2:06 | 0:36:26 (27) | 1:22 | 0:25:04 (29) | 1:22:51 |
| 34 | 381 | Daniel Palecki | Team TVE Netphen | TM35 | 4 | 0:15:30 (31) | 1:50 | 0:37:25 (34) | 1:57 | 0:26:10 (37) | 1:22:52 |
| 35 | 390 | Marcel Ritter | | TM40 | 4 | 0:15:54 (33) | 2:17 | 0:38:03 (43) | 1:56 | 0:24:56 (28) | 1:23:06 |
| 36 | 354 | Moritz Koch | | TM45 | 5 | 0:15:26 (29) | 3:07 | 0:36:48 (29) | 1:22 | 0:28:03 (51) | 1:24:46 |
| 37 | 429 | Julian Türk | | TM25 | 4 | 0:18:48 (61) | 4:00 | 0:37:06 (30) | 2:07 | 0:23:35 (18) | 1:25:36 |
| 38 | 330 | Andrew Foggo | | TM30 | 4 | 0:17:41 (51) | 1:41 | 0:40:43 (58) | 1:14 | 0:24:25 (23) | 1:25:44 |
| 39 | 382 | Torsten Patt | SC Oberursel | TM55 | 3 | 0:18:12 (56) | 1:49 | 0:37:33 (37) | 1:23 | 0:27:01 (44) | 1:25:57 |
| 40 | 385 | Jan Prochaska | ENTEKA | TM40 | 5 | 0:17:57 (55) | 2:16 | 0:40:10 (53) | 1:13 | 0:24:36 (24) | 1:26:11 |
| 41 | 312 | Steffen Brauckmann | | TM35 | 5 | 0:16:32 (41) | 2:48 | 0:38:49 (46) | 1:20 | 0:26:54 (42) | 1:26:22 |
| 42 | 353 | Thomas Klein | | TM55 | 4 | 0:16:13 (36) | 2:31 | 0:37:18 (32) | 1:22 | 0:29:06 (57) | 1:26:29 |
| 43 | 391 | Volker Rosmann | SF Tria Rossdorf | TM50 | 9 | 0:16:03 (34) | 2:02 | 0:37:26 (36) | 1:15 | 0:29:45 (62) | 1:26:31 |
| 44 | 400 | Niklas Siegling | | TM25 | 5 | 0:17:14 (45) | 2:45 | 0:40:34 (57) | 0:49 | 0:25:19 (32) | 1:26:41 |
| 45 | 291 | Simon Klemenz | | TM20 | 2 | 0:16:22 (39) | 1:55 | 0:37:58 (41) | 1:07 | 0:29:57 (64) | 1:27:19 |
| 46 | 346 | Thorben Herda | | TM30 | 5 | 0:16:59 (43) | 3:51 | 0:38:36 (45) | 1:31 | 0:26:25 (40) | 1:27:22 |
| 47 | 348 | Philipp Hofmann | - | TM30 | 6 | 0:16:32 (42) | 2:29 | 0:37:20 (33) | 1:07 | 0:30:03 (65) | 1:27:31 |
| 48 | 362 | Timo Löbig | ENTEKA | TM35 | 6 | 0:16:59 (44) | 3:01 | 0:41:07 (61) | 1:02 | 0:25:41 (35) | 1:27:49 |
| 49 | 305 | Heiner Bauer | | TM30 | 7 | 0:18:16 (57) | 3:42 | 0:37:50 (39) | 1:38 | 0:26:29 (41) | 1:27:54 |
| 50 | 304 | Uwe Allmrodt | ENTEKA | TM55 | 5 | 0:20:25 (70) | 2:20 | 0:37:59 (42) | 1:35 | 0:26:14 (38) | 1:28:32 |
| 51 | 344 | Carl Christian Hemming | Triathlon Team DSW Darmstadt | TM25 | 6 | 0:15:28 (30) | 4:19 | () | | 0:28:01 (50) | 1:29:22 |
| 52 | 316 | Markus Dangmann | TG Tria Rüsselsheim | TM50 | 10 | 0:20:43 (75) | 2:16 | 0:37:36 (38) | 1:24 | 0:27:50 (48) | 1:29:48 |
| 53 | 309 | Stefano Borgioli | Eintracht Frankfurt | TM55 | 6 | 0:14:00 (16) | 3:02 | 0:41:30 (62) | 2:28 | 0:29:02 (56) | 1:30:02 |
| 54 | 410 | Pio Karle | | MJUN | 1 | 0:17:41 (50) | 3:13 | 0:38:30 (44) | 1:38 | 0:29:07 (58) | 1:30:07 |
| 55 | 310 | Akram Boujjia | ENTEKA | TM20 | 3 | 0:20:34 (73) | 3:03 | 0:42:51 (71) | 0:47 | 0:24:09 (21) | 1:31:24 |
| 56 | 392 | Lukas Schaible | | TM25 | 7 | 0:16:28 (40) | 2:17 | 0:39:01 (48) | 1:55 | 0:32:08 (75) | 1:31:49 |
| 57 | 416 | Marcel Zelaya | DSW | TM25 | 8 | 0:15:21 (27) | 2:06 | 0:46:18 (79) | 0:55 | 0:28:18 (53) | 1:32:57 |

Darmstadt, 25. Juni 2023

Männer

| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|--------------------|------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 58 | 307 | Falk Blankenburg | I believe I can Tri | TM45 | 6 | 0:20:47 (76) | 3:14 | 0:37:54 (40) | 2:26 | 0:28:52 (54) | 1:33:13 |
| 59 | 425 | Jürgen Herbst | RSC Pedalo Weiterstadt | TM70 | 1 | 0:17:28 (48) | 2:41 | 0:40:12 (54) | 1:42 | 0:31:10 (73) | 1:33:14 |
| 60 | 322 | Hermann Dörner | TuS Griesheim | TM75 | 1 | 0:20:38 (74) | 2:51 | 0:39:23 (50) | 1:19 | 0:29:50 (63) | 1:34:01 |
| 61 | 412 | Michael Walz | Spiridon Frankfurt | TM65 | 2 | 0:20:31 (72) | 2:45 | 0:40:23 (56) | 1:30 | 0:29:17 (59) | 1:34:26 |
| 62 | 405 | Walter Stolz | ENTEGA | TM35 | 7 | 0:20:28 (71) | 4:06 | 0:42:12 (66) | 0:58 | 0:27:05 (45) | 1:34:49 |
| 63 | 365 | Jeremy Maurin | BSG Merck | TM30 | 8 | 0:19:11 (62) | 3:24 | 0:40:17 (55) | 1:38 | 0:30:21 (67) | 1:34:51 |
| 64 | 427 | Ivan Prokhorov | | TM35 | 8 | 0:20:23 (69) | 3:34 | 0:41:30 (63) | 2:19 | 0:27:55 (49) | 1:35:41 |
| 65 | 403 | Roman Stimming | | TM55 | 7 | 0:22:29 (85) | 2:31 | 0:39:38 (51) | 2:00 | 0:29:21 (60) | 1:35:57 |
| 66 | 399 | Stefan Schwedler | | TM55 | 8 | 0:18:33 (59) | 3:48 | 0:40:50 (60) | 2:07 | 0:31:00 (70) | 1:36:19 |
| 67 | 364 | Christoph Mattutis | | TM35 | 9 | 0:18:26 (58) | 6:06 | () | | () | 1:36:27 |
| 68 | 357 | Rainer Kopper | DSW Triathlonteam | TM75 | 2 | 0:21:49 (80) | 2:46 | 0:39:50 (52) | 2:12 | 0:30:32 (68) | 1:37:09 |
| 69 | 387 | Lucas Raab | | TM25 | 9 | 0:23:21 (88) | 3:23 | 0:38:56 (47) | 1:45 | 0:30:04 (66) | 1:37:29 |
| 70 | 293 | Joachim Pritzel | SG Egelsbach Triathlon | TM45 | 7 | 0:23:13 (87) | 3:54 | 0:42:23 (68) | 2:09 | 0:25:58 (36) | 1:37:36 |
| 71 | 373 | Karsten Munk | Turngemeinde Hanau | TM45 | 8 | 0:17:15 (46) | 2:51 | 0:42:50 (70) | 2:13 | 0:32:56 (77) | 1:38:06 |
| 72 | 340 | Gerhard Jovi | | TM65 | 3 | 0:20:10 (66) | 3:55 | 0:40:47 (59) | 2:40 | 0:31:02 (71) | 1:38:33 |
| 73 | 311 | Sebastian Braitsch | | TM30 | 9 | 0:22:26 (84) | 3:02 | 0:44:05 (73) | 1:26 | 0:28:14 (52) | 1:39:13 |
| 74 | 317 | David Daub | | TM20 | 4 | 0:18:44 (60) | 2:53 | 0:46:48 (81) | 1:10 | 0:29:41 (61) | 1:39:17 |
| 75 | 333 | Daniel Fromm | | TM30 | 10 | 0:19:30 (63) | 2:42 | 0:44:53 (74) | 1:04 | 0:31:10 (72) | 1:39:19 |
| 76 | 379 | Benedikt Öhrig | ENTEGA | TM25 | 10 | 0:22:15 (82) | 2:56 | 0:43:02 (72) | 1:05 | 0:30:48 (69) | 1:40:06 |
| 77 | 359 | Zijad Lemes | ENTEGA | TM50 | 11 | 0:22:18 (83) | 3:33 | 0:46:09 (78) | 1:16 | 0:28:57 (55) | 1:42:12 |
| 78 | 325 | Simon Elfe | | TM45 | 9 | 0:20:23 (68) | 4:14 | () | | 0:34:57 (83) | 1:42:14 |
| 79 | 413 | Moritz Weber | | TM35 | 10 | 0:19:47 (64) | 3:10 | 0:42:13 (67) | 2:27 | 0:34:46 (82) | 1:42:24 |
| 80 | 336 | Dmitry Gutjahr | | TM45 | 10 | 0:21:23 (78) | 4:22 | 0:42:44 (69) | 2:12 | 0:32:28 (76) | 1:43:10 |
| 81 | 426 | Stefan Gössel | DSW Darmstadt | TM45 | 11 | 0:17:33 (49) | 3:49 | 0:41:41 (64) | 2:28 | 0:37:55 (86) | 1:43:25 |
| 82 | 345 | Carl-Uwe Hemming | | TM60 | 4 | 0:17:48 (53) | 5:04 | 0:41:47 (65) | 2:21 | 0:36:36 (84) | 1:43:35 |
| 83 | 402 | Nils Steinbrecher | Bodenseeclub | TM55 | 9 | 0:17:26 (47) | 4:30 | 0:47:09 (82) | 2:31 | 0:33:34 (79) | 1:45:09 |
| 84 | 303 | Dirk Aderhold | Frankfurter Kranz | TM55 | 10 | 0:20:11 (67) | 3:30 | 0:45:19 (76) | 2:35 | 0:34:32 (81) | 1:46:07 |
| 85 | 417 | Florian Zwingli | | TM30 | 11 | 0:20:58 (77) | 3:38 | 0:49:32 (85) | 1:13 | 0:33:54 (80) | 1:49:14 |
| 86 | 339 | Klemens Hallwirth | | TM60 | 5 | 0:22:04 (81) | 4:05 | 0:46:04 (77) | 2:53 | 0:38:17 (87) | 1:53:22 |

Darmstadt, 25. Juni 2023

Männer

| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|--------------------|-------------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 87 | 363 | Dieter Macholdt | SKG Sprendlingen | TM75 | 3 | 0:23:57 (89) | 3:55 | 0:46:38 (80) | 1:20 | 0:38:25 (88) | 1:54:14 |
| 88 | 383 | Wolfgang Pohl | algemarin Team SV Traisa | TM70 | 2 | 0:21:37 (79) | 3:16 | 0:49:15 (84) | 2:49 | 0:37:34 (85) | 1:54:31 |
| 89 | 384 | Roland Pößiger | KSV Reichelsheim | TM75 | 4 | 0:26:01 (91) | 3:47 | 0:45:18 (75) | 1:37 | 0:39:01 (89) | 1:55:43 |
| 90 | 358 | Thomas Krüger | Illustre Wandersmänner n.e.V. | TM40 | 6 | 0:20:03 (65) | 5:51 | 0:47:41 (83) | 4:14 | 0:40:14 (90) | 1:58:03 |
| 91 | 374 | Abhishek Nagaraj | Worth A Tri | TM30 | 12 | 0:24:11 (90) | 4:22 | 0:55:48 (86) | 1:32 | 0:33:30 (78) | 1:59:24 |
| 92 | 318 | Michael Diefenbach | | TM35 | 11 | 0:22:33 (86) | 6:51 | 1:03:30 (87) | 1:46 | 0:57:09 (91) | 2:31:49 |

Frauen

| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|---------------------|----------------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1 | 286 | Lisa Diener | LuT Aschaffenburg | TW25 | 1 | 0:11:41 (1) | 2:13 | 0:38:35 (4) | 1:18 | 0:22:10 (1) | 1:15:57 |
| 2 | 428 | Sonja Juko | EOSC Offenbach | TW40 | 1 | 0:17:25 (15) | 1:20 | 0:34:49 (1) | 0:55 | 0:23:39 (3) | 1:18:07 |
| 3 | 296 | Maite Schumann | SG Egelsbach 1874 e.V. Triathlon | TW20 | 1 | 0:14:38 (3) | 1:38 | 0:36:04 (2) | 1:31 | 0:27:06 (6) | 1:20:55 |
| 4 | 393 | Aloisia Schedel | Lauftreff Ober-Ramstadt | TW35 | 1 | 0:18:14 (19) | 2:31 | 0:36:19 (3) | 1:18 | 0:23:23 (2) | 1:21:44 |
| 5 | 394 | Tamara Schmauß | | TW25 | 2 | 0:13:47 (2) | 2:20 | 0:39:25 (5) | 1:35 | 0:28:29 (11) | 1:25:36 |
| 6 | 386 | Simone Pyrlik | Tri Team Gießen | TW45 | 1 | 0:16:43 (13) | 2:13 | 0:39:56 (7) | 1:26 | 0:25:33 (4) | 1:25:50 |
| 7 | 397 | Astrid Schramm | TG07 Eberstadt | TW50 | 1 | 0:16:06 (9) | 2:23 | 0:41:03 (9) | 1:27 | 0:27:25 (8) | 1:28:23 |
| 8 | 329 | Christina Fischer | | TW25 | 3 | 0:15:20 (5) | 2:12 | 0:39:56 (8) | 1:28 | 0:30:42 (18) | 1:29:38 |
| 9 | 378 | Marcella Oberst | Skiclub Ottensoons | TW30 | 1 | 0:15:03 (4) | 2:20 | 0:46:07 (24) | 0:54 | 0:26:41 (5) | 1:31:05 |
| 10 | 370 | Helen Möllering | | TW25 | 4 | 0:19:29 (26) | 3:04 | 0:39:53 (6) | 1:57 | 0:27:09 (7) | 1:31:32 |
| 11 | 380 | Chiara Ongari | Eintracht Frankfurt | TW25 | 5 | 0:16:40 (12) | 3:04 | 0:42:13 (13) | 1:58 | 0:27:40 (9) | 1:31:36 |
| 12 | 299 | Inga-Simone Kern | ASC Dillenburg | TW40 | 2 | 0:19:05 (24) | 1:40 | 0:41:07 (10) | 1:25 | 0:29:04 (14) | 1:32:21 |
| 13 | 421 | Ann-Christin Klein | Eintracht Frankfurt | TW25 | 6 | 0:18:57 (22) | | () | | () | 1:32:32 |
| 14 | 355 | Julia Koch | | TW45 | 2 | 0:15:44 (8) | 2:32 | 0:41:36 (11) | 1:31 | 0:31:10 (20) | 1:32:33 |
| 15 | 335 | Julia Gutermuth | | TW25 | 7 | 0:16:34 (11) | 4:03 | 0:42:33 (16) | 2:07 | 0:28:54 (13) | 1:34:11 |
| 16 | 341 | Gabriele Heigl | TV Planegg-Krailling | TW65 | 1 | 0:17:30 (16) | 3:00 | 0:42:13 (12) | 1:50 | 0:30:12 (17) | 1:34:44 |
| 17 | 315 | Rita Cord to Krax | Eintracht Frankfurt Triathlon | TW60 | 1 | 0:18:52 (21) | 2:45 | 0:42:17 (14) | 2:01 | 0:29:48 (16) | 1:35:43 |
| 18 | 398 | Ricarda Schwarzkopf | | TW30 | 2 | 0:17:40 (17) | 2:35 | 0:45:41 (20) | 1:03 | 0:28:50 (12) | 1:35:48 |

Frauen

| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|-----------------------|----------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 19 | 314 | Johanna Christof | | TW30 | 3 | 0:17:14 (14) | 3:27 | 0:42:38 (17) | 2:09 | 0:32:04 (21) | 1:37:31 |
| 20 | 350 | Liv Johansson-Weicker | | TW55 | 1 | 0:15:39 (7) | 2:28 | 0:42:23 (15) | 1:51 | 0:36:27 (29) | 1:38:48 |
| 21 | 356 | Esther Koch | | TW45 | 3 | 0:22:46 (35) | 3:04 | 0:43:49 (18) | 1:56 | 0:28:01 (10) | 1:39:35 |
| 22 | 369 | Katja Möckel | | TW40 | 3 | 0:18:03 (18) | 3:50 | 0:44:46 (19) | 2:41 | 0:31:09 (19) | 1:40:29 |
| 23 | 302 | Annika Adami | FFM meets Darmstadt | TW35 | 2 | 0:16:11 (10) | 3:06 | 0:45:57 (22) | 1:07 | 0:34:18 (26) | 1:40:37 |
| 24 | 326 | Anna Erzgräber | Anna Erzgräber | TW35 | 3 | 0:19:41 (29) | 3:21 | 0:45:46 (21) | 2:53 | 0:29:26 (15) | 1:41:07 |
| 25 | 388 | Maribel Reiss | | TW35 | 4 | 0:20:47 (31) | 3:35 | 0:47:19 (26) | 1:23 | 0:32:17 (22) | 1:45:20 |
| 26 | 395 | Andrea Schmidt | Frankfurter Kranz | TW50 | 2 | 0:19:30 (27) | 3:08 | 0:46:04 (23) | 4:05 | 0:33:05 (23) | 1:45:51 |
| 27 | 361 | Floriane Lignet | BSG Merck | TW35 | 5 | 0:18:40 (20) | 3:42 | 0:47:28 (28) | 1:53 | 0:34:10 (25) | 1:45:54 |
| 28 | 342 | Elena Heinrich | SV TriCity Darmstadt | TW55 | 2 | 0:15:31 (6) | 3:05 | 0:46:57 (25) | 2:00 | 0:39:07 (33) | 1:46:40 |
| 29 | 321 | Lea Sophie Dlubatz | | TW25 | 8 | 0:19:33 (28) | 2:32 | 0:53:16 (32) | 1:04 | 0:34:18 (27) | 1:50:43 |
| 30 | 396 | Alexandra Schnitker | Wuschki | TW35 | 6 | 0:22:02 (33) | 4:22 | 0:48:09 (29) | 2:30 | 0:33:57 (24) | 1:51:00 |
| 31 | 349 | Marion Ihrig | KSV Reichelsheim | TW60 | 2 | 0:21:57 (32) | 5:49 | 0:48:45 (30) | 1:41 | 0:34:58 (28) | 1:53:09 |
| 32 | 409 | Anja Vetter | | TW40 | 4 | 0:19:01 (23) | 4:27 | 0:47:28 (27) | 3:31 | 0:38:54 (32) | 1:53:21 |
| 33 | 406 | Natascha Stumpf | Chicks Running | TW20 | 2 | 0:19:23 (25) | 7:39 | 0:53:51 (33) | 1:28 | 0:38:25 (30) | 2:00:46 |
| 34 | 407 | Danielle Stumpf | Chicks Running | TW50 | 3 | 0:20:34 (30) | 6:29 | 0:49:37 (31) | 5:41 | 0:38:25 (31) | 2:00:46 |
| 35 | 343 | Annette Heinz | DSW Darmstadt | TW50 | 4 | 0:24:59 (36) | 3:23 | 0:56:27 (34) | 1:38 | 0:41:28 (34) | 2:07:55 |
| 36 | 319 | Christel Diefenbach | | TW60 | 3 | 0:22:35 (34) | 6:39 | 1:03:35 (35) | 1:49 | 0:57:06 (35) | 2:31:44 |